## ROCK SPORTS YOUTH FOOTBALL CLUB

## YOUTH PLAYERS CODE OF CONDUCT

- Be punctual at all times.
- When representing your club, wear the correct kit.
- Be polite.
- Ensure that you bring the correct kit and equipment to training sessions and matches.
- Take responsibility for your own travel arrangements, equipment, appearance, and performance.
- Remain composed at all times during a match.
- Never question the decision of an official; discuss with the team captain or manager if needed.
- After a game, always shake hands with the officials and opposition.
- When playing or training, be attentive. Ask if you do not understand.
- Ensure changing rooms and playing/training areas are kept tidy and litter free.
- Let coaches know in ample time if you are unable to attend training sessions or matches.
- Prepare yourself correctly for all training sessions or matches. Get plenty of rest, eat sensibly, drink plenty of fluids, and come in your proper kit.
- Inform your coach of any injury / medical complaint.

We aim to make football an enjoyable and rewarding experience at Rock Sports Youth FC, and you should feel free to approach your coach with any questions, ideas or problems you might have. If you or your parents have any concerns, please speak to your manager / coaches or follow the complaints procedure laid out in this pack if the team officials are not responding to this issue to your satisfaction.